PHILOMATHIA

ROUTINE CHART






Waiting

Things to do while waiting for a turn.

MY NAME _____

1.  I'm waiting ◯
2.  Slow breaths ◯
3.  Something for my hands ◯
4.  Look at a book ◯
5.  My turn! ◯

Pick any. Waiting is hard work.

Tick each step when it's done. Skipping one is fine.