PHILOMATHIA

ROUTINE CHART





Sun safe

Shirt, sunscreen, hat, sunglasses and shade before playing outside.

MY NAME _____

1		Shirt with sleeves	◯
2		Sunscreen on	◯
3		Hat on	◯
4		Sunglasses on	◯
5		Water bottle	◯
6		Play in the shade	◯

Tick each step when it's done. Skipping one is fine.