



PHILOMATHIA

ROUTINE CHART



Our day together

Small moments to share, in the order that fits your day.

MY NAME _____

1



Outside together

☐

2



Help set or wipe the table

☐

3



Share a meal, screens away

☐

4



I choose our play

☐

5



Get ready for evening

☐

6



Choose and read a story together

☐

7



Goodnight

☐

Pick the moments that fit today. The order can change.

Tick each step when it's done. Skipping one is fine.

